

## **Instructions for Completing Standard Authorization Form**

To Complete Form go to Page 4 of 5

Use this form to authorize Blue Cross Blue Shield of Montana to disclose your protected health information (PHI) to a specific person or entity. You may follow the instructions we provided below or you may call the Customer Service number listed on the back of your Membership Identification card for assistance in completing the form. You must complete all the fields on this form.

#### Please remember:

- One authorization form can be used for a range of and/or multiple services or providers.
- Authorization forms can be completed claim by claim, procedure by procedure, or for services within specified timeframes.
- The **individual**'s use of the **authorization form** is always voluntary.

<b>I. Individual</b> (Name and information	of person whose protected	ed health information is	s being disclosed	)
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Jane Doe		05-10-1962			
Name			Date of Bir	th	
123456	XOP123456789		###-##-##	##	
Group #	Identification/Subscriber #		Social Security Number		nber
123 Main Street		Anytown	N	ΛT	12345
Address		City	S	tate	ZIP
406-555-1212					
Area Code & Telephone	Number				

All of the information in **Section I** pertains to the individual for whom the authorization is being requested. The individual may be the subscriber, his or her spouse, a dependent or any other individual covered or applying for coverage under the subscriber's membership. All fields in this section are required. In this example, Jane Doe is the individual for whom the authorization is being requested.

### **II. Authorization and Purpose:**

I request and authorize Blue Cross and Blue Shield of Montana to disclose my protected health information as described below. I understand that if the person/organization authorized to receive and use the information is not a health plan or health care provider, the disclosed information may no longer be protected by federal privacy regulations.

Suzy Smith	Daughter	Assisting in medical care Purpose	
Persons/Organizations authorized to receive your information	Relationship		
456 Mill Road	Happytown	IL 45678	
Address	City	State	ZIP

Section II identifies the person/entity that will be receiving the PHI about the individual identified in Section I. An individual could authorize disclosure of his or her PHI to a close friend, a broker, an attorney, or a specific member of his or her employer's benefits staff. The individual may also authorize disclosure to an organization. Include the information identifying the organization's job titles to receive the PHI (e.g., Benefits Representatives, Human Resources Department, XYZ Insurance Agency, etc.). In this example, Jane Doe has identified her daughter, Suzy Smith as the person who is authorized to receive her information.

# III. Specific Description of Information to be Used or Disclosed (*Please Complete Parts A and B in this Section*) This Authorization CANNOT be used to disclose Psychotherapy Notes.

Section III will assist in determining what PHI the individual identified in Section I allows the receiving person/entity identified in Section II to receive. This section has two parts, both of which must be completed.

### A. Release of **Sensitive** Protected Health Information Under State Law

You <u>must</u> check "yes" or "no" if you authorize the release of medical information, test results, records or communications specific to (note: "yes" means this information is included in the categories you designate in Part B below):

•	Human Immunodeficiency Virus (HIV) or HIV/Acquired Immune Deficiency Syndrome		
•	Sexually transmitted or "communicable" diseases (includes hepatitis, as well as venereal	Yes	$\boxtimes$
	diseases);		
•	Drug, alcohol or substance abuse:	No	Ш

- Mental health or developmental disabilities (including mental retardation or similar disabilities, for example, those attributable to cerebral palsy, autism or neurological dysfunctions); and
- Genetic testing.

**Section III A.** asks if the authorizing individual identified in Section I wants the receiving person/entity identified in Section II to receive **Sensitive** Protected Health Information (SPHI). SPHI are certain types of health information for which various states' laws require extra protections. Either "**Yes**" or "**No**" must be chosen. In this example, Jane has agreed to let Suzy receive her SPHI.

				<b>Dates of Services</b>	
B.	Release of Pr	otected Health Information (check one or more)	From:	To:	
	Health Plan Benefit Information:	Includes information contained in your benefit booklet (i.e., copayments, coinsurance, eligibility and other benefit information).			
	Claims Information:	Includes information related to payment of your claims for service you received, including pertinent information located on a claim form (i.e., billed amount, general procedure descriptions claim payment or denial reasons, etc.).	6-12-05	4-30-08	
	Service Determination Information:	Includes any information related to pre-service, concurrent and post-service decisions.			
	Premium	Includes information related to billing cycles, bank draft changes, etc.			
	Services from (provider or supplier):	Provider name: (Includes information related to services rendered by a specific provider or supplier.)			
	Other:	(Specify other information that is not listed in one of the categories above.)			

**Section III B.** asks for the specific types of information that the individual identified in Section I is authorizing BCBSMT to disclose to the person/entity identified in Section II. In this example, Jane is authorizing BCBSMT to provide her daughter with her claims information for the time period listed. "Dates of Service" means disclosing information for health care services the individual received during a particular time period. For example, in this case Jane Doe is authorizing BCBSMT to disclose claims information for health care services provided during June 12, 2005 through April 30, 2008.

1 v. Expiration and Revocation.			
<b>Expiration:</b> This authorization will expire on	(must choose one):		
≥ 24 months from the date it is signed	Other (insert date or event, not to exceed 24 months from the date it is signed):		
Right to Revoke: I understand that I may revok this form. I understand that revocation of this authorization before the above named entity in	s authorization will not affect any a	ction the above named entity took	
Section IV. asks for the "expiration" date and contain a specific expiration date or expiration example, the authorization will remain valid authorization.	on event (e.g. " <b>hospitalization en</b>	d date", "rehabilitation end date'	', etc). In this
V. Signature (this document must be signed by	the individual, parent of minor child of	or the individual's personal representa	tive):
I understand that this authorization is volunta enrollment or payment of claims on the signing authorization will expire upon the child reaching	of this authorization. I understand th	at if I am signing on behalf of a mine	
Jane Doe		4-30-08	
Signature		Date: month/day/year	
If you are signing as a Power of Attorney, Lot the Legal documents. You do NOT have to a Shield of Montana:  Personal Representative's Name		-	e Cross and Blue
			<u> </u>
Personal Representative's Address	City	State	ZIP
Personal Representative's Area Code & T	Telephone Number		
Section V. requires the signature and date. identified in Section I or the individual's persunder the age of 18, a parent or guardian mauthority to represent the individual. In this	onal representative identified in Seay sign the authorization form. A p	ection V. If the individual is a mino personal representative has receive	or dependent ved legal

not already on file with BCBSMT).

BEFORE SENDING AUTHORIZATION FORM
YOU SHOULD KEEP A COPY FOR YOUR RECORDS
BY EITHER:

representative to sign. If Jane's personal representative were signing this authorization on her behalf, the personal

- (1) MAKING A PHOTOCOPY OF THIS SIGNED AUTHORIZATION; OR
- (2) COMPLETING AND SIGNING THE DUPLICATE AUTHORIZATION FORM YOU RECEIVED OR PRINTED

representative must complete the lower portion of Section V and submit the proper documentation with the authorization form (if

The final portion of the form contains some instructions to be followed prior to mailing the form to BCBSMT. Members are advised to keep a signed copy for their records.

IV Expiration and Payacation.



## Standard Authorization Form To Use or Disclose Protected Health Information (PHI)

				Date of B	irth	
Group #		Identification/Subscriber #		Social Sec	curity Nur	nber
Address		Ci	ity		State	ZIP
Area Co	ode & Teleph	one Number				
I request	and that if tl	d Purpose:  e Blue Cross and Blue Shield of Montana to ne person/organization authorized to rec sclosed information may no longer be pro-	ceive and use the information i	s not a hea		
Persons/	Organizations	authorized to receive your information	Relationship	Purpose	e	
Address			City	State		ZIP
You (note	must check " e: "yes" mean Human Immu Sexually trans diseases); Drug, alcohol	sitive Protected Health Information yes" or "no" if you authorize the release of as this information is included in the categor nodeficiency Virus (HIV) or HIV/Acquired smitted or "communicable" diseases (included in the category of the communicable of the category of t	medical information, test results ories you designate in Part B bed Immune Deficiency Syndrome		Yes	cations sp
					No	Ш
		or developmental disabilities (including methose attributable to cerebral palsy, autism of				of Service
• B. Rel □ Heal Bene	for example, and Genetic testing ease of Property lth Plan efit rmation:	or developmental disabilities (including methose attributable to cerebral palsy, autism of g.  tected Health Information (check of Includes information contained in your becoinsurance, eligibility and other benefit if Includes information related to payment of including pertinent information located or	or neurological dysfunctions); and one or more) enefit booklet (i.e., copayments, information).  of your claims for service you rec n a claim form (i.e., billed amoun	i		of Service
B. Release Heal Bence Information Claim  Serve Dete	for example, Genetic testin  ease of Pro Ith Plan efit rmation: ms	or developmental disabilities (including methose attributable to cerebral palsy, autism of g. <b>tected Health Information</b> (check of Includes information contained in your be coinsurance, eligibility and other benefit in Includes information related to payment of the contained in p	or neurological dysfunctions); and one or more) enefit booklet (i.e., copayments, information).  of your claims for service you rec n a claim form (i.e., billed amoun ment or denial reasons, etc.).	eived,	Dates	of Service
B. Rela Bene Information Claim Serv Dete Information	for example, Genetic testine ease of Prolith Plan efit rmation: ms	or developmental disabilities (including methose attributable to cerebral palsy, autism of g.  tected Health Information (check of Includes information contained in your be coinsurance, eligibility and other benefit if Includes information related to payment of including pertinent information located or general procedure descriptions claim payr Includes any information related to pre-se	or neurological dysfunctions); and one or more) enefit booklet (i.e., copayments, information).  of your claims for service you rec n a claim form (i.e., billed amoun ment or denial reasons, etc.).  ervice, concurrent and post-service.	eived,	Dates	of Service

IV. Expiration and Revocation:		
<b>Expiration:</b> This authorization will exp	pire on (must choose one):	
□ 24 months from the date it is signed	d Other (insert date or event, not to exceed 24 months from the date it is signed):	
this form. I understand that revocation		ng written notice to the address listed at the bottom of tion the above named entity took in reliance on this ion.
V. Signature (this document must be	signed by the individual, parent of minor child	or the individual's personal representative):
enrollment or payment of claims on the	ž	ondition my eligibility for benefits, treatment, tif I am signing on behalf of a minor child, this egal guardianship.
	• • •	Date: month/day/year trator complete the following and attach a copy of they are already on file with Blue Cross and Blue
Personal Representative's Name		Relationship to Individual
Personal Representative's Address	City	State ZIP
(1) MAKING A PHOTOCOPY	-	,
	Mail your completed signed author Blue Cross and Blue Shield of M P.O. Box 805107	

If you need assistance completing the form, please refer to the instructions above or contact the Customer Service number listed on the back of your Member Identification Card.

Chicago, IL 60680-4112

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